

Additional Measures for Massage Establishments
(Effective from 10 October 2022)

Measures for the Premises

- i. Encourage the use of cashless or contactless payment and minimise need for physical touchpoints (e.g. deploying contactless access controls) to reduce contact between staff and customers. Where physical contact is needed, to adopt additional safeguards (e.g. frequent disinfection of touchpoints) to minimise the risk of cross infections.
- ii. Use air purifiers in the premises to cleanse the air in the surroundings.
- iii. Adopt measures to improve ventilation and indoor air quality, to reduce the risk of air borne transmission of COVID-19 in the MEs. More details can be found at <https://go.gov.sg/bca-nea-moh-guidance-ventilation-sep2021>.

Measures for Staff

- i. Ensure staff adhere to MOH's prevailing travel advisory.
- ii. Pay special attention to vulnerable staff (e.g. older or pregnant staff) and temporarily redeploy them to another role that is suitable for working from home, if possible.
- iii. Encourage staff to observe good personal hygiene (e.g. wash their hands regularly with soap and after completing each massage session). Signs should also be put up to remind staff on good social habits such as observing good personal hygiene.

Management of Unwell or Suspected Cases

- i. Actively monitor the health status (including checks for respiratory symptoms) of all staff. Staff who are close contacts with C+ persons should monitor their health more regularly.
- ii. Remind staff not to clinic-hop and where possible, ensure that each staff only visits one clinic for check-ups, if unwell. Otherwise, the staff should inform the clinic of all recent doctor visits over past 14 days for any symptoms that may be related to COVID-19 (including but not limited to typical symptoms such as fever, cough and shortness of breath).
- iii. Prepare an evacuation plan for unwell or suspected cases to seek medical assistance. Any staff who is feeling unwell or showing symptoms of illness should be asked to leave the ME immediately to consult a doctor or to self-isolate at home. These cases must be recorded and monitored as part of SMMs.